FGD guide for beneficiaries

1. Marriage system and practice in your locality
   Probe: age at marriage for both male and female, decision of marriage, ideal time for marriage

2. Pregnancy and child birth related practices
   Probe: gap between marriage and child birth and ideal interval, interval between children births, problems encountered due to repeated childbirth, Any practice to delay child birth, any practice of traditional methods.

3. Contraceptive methods
   Probe: knowledge on contraceptive methods, benefit and risk of using and not using, most accepted method and reason, accessibility, availability, affordability, source of information, barriers, preference, side-effects......

4. Unwanted pregnancy and its managements
   Probe: Reason for unwanted pregnancy, management of this situation, complications due to unsafe practice and it’s management, traditional practice

5. Suggestion / feedback for improvement
   Probe: How to address the socio-cultural barriers, Improve accessibility of family planning methods, IEC and BCC
Interview topic guide: For In-depth Interview

A. For ASHAs /ANMs:

1. Briefly tell about yourself.
2. What is your role under family planning?
3. What is the behavioural practice of the people in your area relating to FP acceptability?
4. What is the practice in case of any unwanted pregnancy?
5. What are the family planning methods available with you?
6. What is the practice on marriage, child birth and seeking health care among the tribal eligible couples of your locality?
7. Which FP methods you commonly advice to eligible couples?
8. What advice do you give, while giving those FP methods?
9. What are the common barriers and challenges for people not accepting FP methods? (probe- Ignorance/education/poverty/fear and side effect/cannot pare time)
10. Have you ever faced any stock-out of any FP methods during last 3 months? If yes what are they? What action did you take?
11. What is your suggestion to improve the use of FP methods?
12. What is practice of permanent FP methods among tribal? How do you support them?

B. For Staff Nurse:

1. Which types of family planning methods with you?
2. What advice do you give to the eligible couple? To the post partum women?
3. How many have asked for contraception during two months? Who are they? (in relation to their marriage, gender, type of FP method, no. of children)
4. How many have asked for abortion service during two months? Who are they? (in relation to their marriage, health condition, care seeking pathway, gestation)
5. From where these cases come from? (Distance)

C. Druggist/pharmacist:
1. Can you provide a general profile of women who access contraception from your pharmacy?

2. From your experience can you comment on adherence of the OCP, the daily regime?

3. What drugs you usually give to mothers for abortion and at what gestational age?
   (Name of the drugs, dosage and duration, till what gestational age they give, who the people are usually accessing)

4. The general role of the pharmacist in dispensing contraception (prescribes based on doctor’s prescription, refers, follow-up)

5. What is your role in dispensing contraception method?

6. How do you counsel them for contraception?

**D. General practitioner/Doctor:**

a. Can you provide general profile of the women who access contraception within your practice?

b. Do you think there is preference amongst women seeking contraception for OCPs or LARCs (long acting reversible contraceptives)?

c. From your experience can you comment on adherence of the pill?

d. General roles of the GPs in prescribing contraception?

e. What is your role in prescribing contraception? Managing unwanted pregnancy?

f. How do you influence the beneficiary on deciding for contraception?

g. Can you comment on the barriers that may exist for women of this community in accessing contraception?

h. Can you comment on the barriers that you as a practitioner may face in prescribing contraception?

i. How can the FP usage be improved in your area, especially among the tribal?